

**Dalia M. Ruiz, Psy.D. LMFT**

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**Education**

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| <b>Psy.D.</b><br>September 2015<br>Dissertation Topic: | Clinical Psychology, Family Forensic Emphasis<br>Antioch University, Santa Barbara, CA<br>Assessment and Treatment of Latino Childhood Trauma:<br>Examining the Approach of Cuentos and Dichos as Cultural-<br>Modifications to CM-TFT. |
| <b>Master of Arts</b><br>August 2010                   | General Psychology, Marriage and Family Therapy Emphasis<br>Chapman University, Santa Maria, CA   |
| <b>Bachelor of Arts</b><br>December 2007               | Psychology<br>California State University, Northridge, CA<br>Honors: Dean's List  |
| <b>Associate of Arts</b><br>August 2007                | Psychology<br>Allan Hancock College, Santa Maria, CA  |
| <b>Associate of Arts</b><br>August 2007                | Liberal Arts<br>Allan Hancock College, Santa Maria, CA  |

**Honors & Awards**

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| <b>2016 Distinguished Graduate Award</b><br>Antioch University, Santa Barbara | May 9, 2016<br>Santa Barbara, CA. |
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**Employment**

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| <b>County of San Luis Obispo Behavioral Health</b><br>Latino Outreach Program<br>San Luis Obispo, CA. | July 2015 – July 2016<br>Supervisor: Silvia Ortiz, Ph.D. |
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Position: Postdoctoral Intern

**Responsibilities:**

Responsible for management of client caseload. Worked in outpatient community mental health clinic and provided assessments of mentally and emotionally disturbed clients; formulated treatment plans utilizing various modalities of treatment; conducted individual, conjoint, and family therapy; consulted and worked with other staff members and with community agencies in carrying out treatment plans; provided consultation, education and information services to lay and professional groups and individuals; referred clients to appropriate community agencies and services as needed; researched

and evaluated new techniques for dealing with emotional and environmental problems; participated in crisis intervention activities as necessary.

**County of San Luis Obispo Behavioral Health**  
Latino Outreach Program  
San Luis Obispo, CA.

June 2014 – June 2015  
Supervisor: Silvia Ortiz, Ph.D.

Position: Predoctoral Intern

Responsibilities:

Provided assessments of mentally and emotionally disturbed clients; formulated treatment plans utilizing various modalities of treatment; conducted individual, conjoint, and family monolingual Spanish-speaking psychotherapy. Provided crisis intervention services as needed.

**County of San Luis Obispo Behavioral Health**  
Latino Outreach Program  
San Luis Obispo, CA.

September 2013 – June 2014  
Supervisor: Silvia Ortiz, Ph.D.

Position: Practicum Intern

Responsibilities:

Conducted individual, conjoint, and family monolingual Spanish-speaking psychotherapy. Referred clients to appropriate community agencies and services as needed. Created treatment plan using various modalities of treatment.

**Santa Maria Valley Youth & Family**  
Intensive In-Home & HOPE Programs  
Santa Maria, CA.

March 2011 – July 2013  
Supervisor: Will Rogers, LMFT

Position: Family Specialist

Responsibilities:

Provided intensive in-home therapeutic services to children and adolescents in foster placement as referred by Child Welfare Services, Juvenile Probation and County Mental Health. Completed thorough assessments including diagnosing and treatment planning to stabilize children, increase foster parent capacity, and promote family reunification utilizing evidence-based modalities both through individual and family therapy. Collaborated in a multi-disciplinary team to include, attending psychiatrist, case managers, social workers, probation officers, school counselors, teachers and the court system in order to promote client's emotional and psychiatric well-being and monitor progress. Rotated responsibility of 24/7 crisis line providing immediate response and support including on-site crisis assessment to determine need for involuntary hospitalization and stabilization intervention as needed.

**Family Health Centers of San Diego**  
Logan Heights Counseling Center  
San Diego, CA

Oct 2010 – Feb 2011  
Supervisor: Minerva Morales, LCSW

Position: MFT Intern

**Responsibilities:**

Provided assessment, diagnosis, treatment, and crisis intervention to 10 patients per day presenting themselves for psychiatric evaluations. Completed evaluations to determine patients need for hospitalization, in-patient and outpatient psychiatric and therapeutic services, and screened for patients need of psychotropic medications. Collaborated with multi-disciplinary clinical team including attending psychiatrist to plan and direct patient treatment plans using a wide array of treatment modalities. Addressed co-occurring disorders, factoring them into patient treatment plans. Provided clinic base outpatient psychotherapy to individuals, couples, and families of all ages presenting with behavioral, relational, and acute and chronic mental illness. Charted patient's treatment and progress in accordance to state regulations and department procedures including probation and child protective services agency. Reported safety concerns to mandated reported agencies.

**Domestic Violence Solutions**  
Santa Maria, CA.

October 2009 – July 2010  
Supervisor: Diana Lambeth, LMFT

Position: Practicum Position

**Responsibilities:**

Provided crisis intervention, individual, and family counseling services to women, teens, and children in emergency shelters and at outreach locations. Responsible for conducting intakes, assessments, and treatment plans from a comprehensive trauma model using the DSM-IV-TR. Individual psychotherapy for women that includes: creating safety plans, anger management, stress reduction, conflict resolution, and psycho-education. Responsible for children's play therapy groups and women's support group.

**Tri-Counties Regional Center**  
Santa Maria, CA.

March 2008 – August 2010  
Supervisor: Eulalia Apolinar

Position: Service Coordinator

**Responsibilities:**

Provided Crisis Intervention and Case Management to 80+ cases including consultation, advocacy, resource information, and service coordination for children with developmental disabilities. Supported children and their families through the creation of Individual Program Plans and by maintaining regular contact through home visits. Established and maintained working alliance with community agencies and providers

including medical practitioners and Children's Welfare Services. Assessed for referral needs and referred, as needed to community agencies, programs and providers. Coordinated and secured funded services. Arranged and participated in interdisciplinary team meetings out in the community including IEP's and day program meetings. Assisted office psychologist and psychiatrist with translation during psychological evaluations and psychiatric consultations.

### **Volunteer Work**

**Physicians for Human Rights Asylum Network**

2016 – 2017

Position: Asylum Evaluator

Responsibilities:

Responsible for conducting forensic assessments to document trauma (e.g. torture, domestic abuse, trafficking, persecution, etc.) for individuals seeking asylum status. Conducted immigration affidavits and presented oral testimony in court.

### **Professional Affiliations**

American Psychological Association (APA)  
California Association of Marriage and Family Therapy (CAMFT)  
National Latina/o Psychological Association (NLPA)  
California Latino Psychological Association (CLPA)  
International Society of Traumatic Stress Studies (ISTSS)  
Sociedad Interamericana de Psicología (SIP)  
Member of the Physicians for Human Rights Asylum Network

### **Licenses/Certifications**

**Licensed Marriage and Family Therapist** California Board of Behavioral Sciences  
LMFT# 81281

### **Teaching Experience**

**Santa Barbara Business College**  
Santa Maria, CA.

March 2008 – May 2008

Position: Psychology Instructor

Responsibilities:

Responsible for the development of curricula and lesson plans for a General Psychology Course (Psych 101). Prepared appropriate course materials, assignments and handouts. Provided a three-hour lecture to undergraduate students three times per week. Employed

a variety of instructional techniques and instructional media. Maintained appropriate classroom procedures and behavior and established clear objectives for all lessons and projects. Created and administered academic tests and evaluated and graded student work on exams and research papers. Collaborated with other teachers to develop and address teaching issues.

### **Professional Presentations**

- Ruiz, Dalia M. (February, 2017). Latino Childhood Trauma. Symposium on Latino Mental Health, Education, and Community Engagement: Platicas Sagradas, Antioch University, Santa Barbara, CA.
- Ruiz, Dalia M. (2016, October). Trauma and Substance Use Among Latinos. Symposium presentation at the Immigration, Trauma, and Substance Use: The Latino Journey to the U.S., NHLATTC Southern California Symposium, USC Los Angeles, CA.
- Ruiz, Dalia M. (2016, September). Undocumented minors, migration, detention, and deportation trauma and treatment. Symposium presentation at the Cuarto Congreso Internacional de Psicología del Desarrollo, Aguascalientes, Mexico.
- Ruiz, Dalia M. (2016, March). Mayan religion, cultural traditions and spiritual practices and their role on Guatemalan Teen Birth Rates. Symposium presentation at the International Conference on Spirituality & Psychology, Bangkok, Thailand.
- Ruiz, Dalia M. (2015, October). Refugees, Torture, trauma, and mental health trends and treatment. Symposium presentation at the 20<sup>th</sup> World Congress of The World Federation for Mental Health Conference, Cairo, Egypt.
- Ruiz, Dalia M. (2015, July). Latino childhood trauma and the use of Cuento Therapy. Sematic presentation at the InterAmerican Psychology Conference, Lima, Peru.
- Ruiz, Dalia M. (2014, November). Applying Developmental Theories to understand the impact of Family Violence on Latino children. Poster presentation at the 30<sup>th</sup> Annual International Society of Traumatic Stress Studies Conference, Miami, FL.